

Quick Guide

Know how to find what you need—
when you need it!

aon.makeityoursource.com/hawaii

make it yours

Your Wellbeing Is Important

Annual Enrollment is here, and it's important to consider your overall wellbeing when thinking about choosing your benefits.



Your wellbeing is important all year round, and your benefit choices support your wellbeing needs. Whether you are choosing a plan to support your physical health and wellbeing or making choices based on your financial wellbeing, Aon's Annual Enrollment offers you the chance to be in the driver's seat for choosing your own benefits based on your needs.

As you choose your 2026 benefits, remember these tools that are available year-round:

- **Employee Assistance Program.** Offers no-cost counseling services and work/life supports to confidentially help with every aspect of your life. Contact ComPsych at **1.877.395.1435** or create an account at guidanceresources.com (enter "Aon" as your Organization Web ID and choose "Aon North America Employees US") or download the GuidanceNow app.
- **Family-building and menopause support.** Aon has partnered with Maven to provide colleagues with no-cost health and personalized family-building support when you need it.

Maven gives you 24/7 access to a network of women's and family health providers via video, chat and phone. Get started by accessing Maven through the Maven clinic app or online at mavenclinic.com/join/takecare using your @aon.com email address.

- **Weight management support.** Aon is committed to supporting your health improvement journey with one of our newest programs—the Aon GLP-1 Weight Management Program—for colleagues enrolled in an Aon medical plan. This program includes a lower prescription drug copayment for GLP-1 medications along with easier and more affordable access to the drugs.

To complement the experience, the GLP-1 Companion Program offered through Thrive is available only to those enrolled in the eMed GLP-1 Weight Management Program. Through the Companion Program, you'll have access to group and individual coaching while on your weight management journey, plus weekly webinars and new digital content each week—all designed to support you while taking a GLP-1. You can register for the Thrive program through the eMed app.

Need official plan information?

Access Summary Plan Descriptions and important annual notices of your legal rights by going to [UPoint](#) > **Quick Actions** menu > **Benefit Plan Documents and SPDs**. You have a right to receive a paper copy of each of these documents free of charge, upon request.

Choose Your 2026 Benefits

Get Ready Now, Enroll November 6 – 20

Your benefits marketplace makes it easy to find the right fit. Choose your coverage level, insurance carrier and whom you cover.



Get Up to Speed

Visit the [Make It Yours](#) website.

- Compare the coverage levels side-by-side.
- Get to know the carriers through [Your Carrier Connection](#)—get overviews, compare features and services and access preview sites to see provider networks and prescription drug information.
- Download a comprehensive enrollment guide by scrolling to the bottom of any page and clicking the **Make It Yours To Go** banner. Alternatively, you can save and print individual pages by clicking **Print Page** at the top right of each page.



Enroll

Log on to [UPoint®](#), Aon's HR portal, or enroll through the Alight Mobile app.

Use the Help Me Choose tool to get fast answers about the best medical options for your situation by sharing what's important to you—including your doctors and any prescriptions you may take.

Once you've completed your enrollment online, you can view your future coverages and follow-ups any time before your benefits begin.



Remember, you must enroll to get the medical coverage you want next year. If you are currently covered through Aon and don't enroll, you'll have:

- Your current medical, dental and vision coverages at 2026 prices.
- No Health Care or Dependent Care Flexible Spending Account (FSA).

If you do not currently have coverage through Aon and do not take action, you will be automatically enrolled in the lowest cost Gold medical option. And, if you do not want medical coverage through Aon for 2026, you must elect "no medical coverage" and complete and submit a Hawaii medical coverage waiver form (HC-5).

Use Your Benefits

Throughout the year, there are lots of ways to stay on top of your health, and to make the most of your benefits and your health care dollars. Make sure you're up-to-speed before your benefits take effect.



Manage Your Benefits

Log on to [UPoint](#) or the Alight Mobile app.

- See what's covered and who you're covering.
- Make benefits changes when your life changes (e.g., marriage, birth of a child).



Stay in Step With Your Carrier

Once your coverage begins, register on the [insurance carrier](#) member site (you can get to it from the Make It Yours website) and download their mobile app.

- Keep track of your provider bills and payments online (once your coverage begins).
- Feel your best by taking advantage of all that your carrier offers, which may include Telemedicine, health experts and discount programs.



Included Health for Health Benefits Help

Included Health is Aon's health benefits navigation resource, available to support the health care needs of colleagues enrolled in medical coverage. Included Health helps you and your family more easily find and access health care and related benefits with financial, administrative and clinical support that improves your benefits experience and health outcomes. Contact an Included Health care coordinator to find a doctor or specialist or to get answers about your health care and benefits. Download the Included Health app at includedhealth.com/aon and/or call **1.833.938.9952**.



Questions?

Once logged on to [UPoint](#), look for the **Need Help?** icon to ask the virtual assistant any questions you may have, or to connect with a web chat representative and other helpful resources. You can also call the Aon HR Service Center at **1.855.625.5500** from 8:00 a.m. to 4:30 p.m. CT, Monday through Friday.

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