

Your Wellbeing Is Important

Enrollment is here, and it's important to consider your overall wellbeing when thinking about choosing your benefits.



Your wellbeing is important all year round, and your benefit choices support your wellbeing needs. Whether you are choosing a plan to support your physical health and wellbeing or making choices based on your financial wellbeing, Aon offers you the chance to be in the driver's seat for choosing your own benefits based on your needs.

As you choose your 2025 benefits, remember these tools that are available year-round:

- Employee Assistance Program. Offers no-cost counseling services and work/life supports to confidentially help with every aspect of your life. Contact ComPsych at 1.877.395.1435 or create an account at <u>guidanceresources.com</u> (enter "Aon" as your Organization Web ID and choose "Aon North America Employees US") or download the GuidanceNow app.
- Family-building and menopause support. Aon has partnered with Maven to provide colleagues with no-cost health and personalized family-building support when you need it.
 - Maven gives you 24/7 access to a network of women's and family health providers via video, chat and phone. Get started by accessing Maven through the Maven clinic app or online at mavenclinic.com/join/takecare using your @aon.com email address.
- Thrive wellbeing app. For 2025, we're excited to introduce the Thrive global app, Aon's new wellbeing platform. Thrive helps you sustain your wellbeing through small, actionable steps.

Need official plan information?

Access Summary Plan Descriptions and important annual notices of your legal rights by going to <u>UPoint</u> **Quick Actions** menu > **Benefit Plan Documents and SPDs**. You have a right to receive a paper copy of each of these documents free of charge, upon request.

Choose Your 2025 Benefits

Get Ready Now, Enroll Before Your Deadline The Aon Benefit Experience (BenX) makes it easy to find the right fit. Choose your coverage level, insurance carrier, and whom you cover.



Get Up to Speed

- Visit the Make It Yours website.
- Compare the coverage levels side-by-side.
- Get to know the carriers through <u>Your Carrier Connection</u>—get overviews, compare features and services and access preview sites to see provider networks and prescription drug information.
- Download a comprehensive enrollment guide by scrolling to the bottom of any page and clicking the **Make It Yours To Go** banner. Alternatively, you can save and print individual pages by clicking **Print Page** at the top right of each page.



Enroll

Log on to <u>UPoint</u>®, Aon's HR portal, and click **Enroll Now** in the **To-Do's** section. Or, you can enroll through the Alight Mobile app (available through the Apple App Store or Google Play).

- Get fast answers about the best medical options for your situation by sharing what's important to you.
- See how others evaluated the health insurance carriers by looking at carrier ratings for customer service, provider networks and online experience.

Once you've completed your enrollment online, you can view your coverages and follow-ups on a confirmation page. You can also view this information through UPoint any time before your benefits begin.



Remember, you must enroll to get the coverage you want. If you don't enroll, you'll have:

- Medical coverage at the Gold coverage level.
- No dental coverage.
- No vision coverage.
- No Health Care or Dependent Care Flexible Spending Account (FSA).

Use Your Benefits

Throughout the year, there are lots of ways to stay on top of your health, and to make the most of your benefits and your health care dollars.

Make sure you're up-to-speed before your benefits take effect.



Manage Your Benefits

Log on to **UPoint** or the Alight Mobile app.

- See what's covered and who you're covering.
- Make benefits changes when your life changes (e.g., marriage, birth of a child).



Stay in Step With Your Carrier

Once your coverage begins, register on the <u>insurance carrier</u> member site (you can get to it from the Make It Yours website).

- Keep track of your provider bills and payments online (once your coverage begins).
- Take advantage of all that your carrier offers, which may include Telemedicine, health experts and discount programs.



Included Health for Health Benefits Help

Included Health is Aon's health benefits navigation resource, available to support the health care needs of colleagues enrolled in medical coverage. Included Health helps you and your family more easily find and access health care and related benefits with financial, administrative and clinical support that improves your benefits experience and health outcomes. Contact an Included Health care coordinator to find a doctor or specialist or to get answers about your health care and benefits. Download the Included Health app at includedhealth.com/aon and/or call 1.833.938.9952.



Questions?

Once logged on to <u>UPoint</u>, look for the **Need Help?** icon to ask the virtual assistant any questions you may have, or to connect with a web chat representative and other helpful resources. You can also call the Aon HR Service Center at **1.855.625.5500** from 8:00 a.m. to 4:30 p.m. CT, Monday through Friday.